

# RAID IN FRANCE - PYRENEES 2007

## Test Card - Caving and canyoning

### Name and Team Number:

- The totality of the caves, cavities and canyons explored during the Raid in France 2007 will be equipped by the organisation..
- During the underground and canyon routes, the teams will be completely autonomous.
- **The time taken to do the underground route will be determined by the organisation and will be the same for all teams.**
- **The teams should possess at least two team members capable of reading a caving topography.**

### Level required:

#### Knowledge :

- I am aware of the dangers involved in caving and in canyoning
- I am familiar with the equipment used in an underground progression.

#### Skills :

- I can equip myself and know how to control my equipment (harness, karabiner.....)
- I know how to use a double lanyard; I can secure myself and also my team members
- I can abseil and be autonomous during the descent
- I can progress on a rope autonomously
- I know how to use a handled ascender
- I can go up a fixed rope
- I am capable of passing through a narrow passage under control
- I can climb a passage of level III.

### Environmental knowledge and skills:

- I can recognise and respect underground wildlife
- I know and respect the underground environment
- I leave no trace of my passage (papers, rubbish.....)

Surname:		First name:		Diploma: (BE):	
Address:			Tél :		
I certify that those appearing in the list below have acquired the above test skills and knowledge.					
	Surname		First name:	Level	Topo
CAPTAIN					
MEMBER 1					
MEMBER 2					
MEMBER 3					
REPLACEMENT					
In		Date		Signature	

**Acquired is obligatory in the Level column for all team members and Topo for two team members.**

The original of this Test Card should be sent to: Sport and Nature ProMotion, 68 rue de Lyon, 69890 La Tour de Salvagny, France, accompanied with a copy of your related diploma or qualification.