



Adventure Racing World Series France

June 23 to July 2, 2021

MONT-BLANC + SAVOIE

HELLO RACERS + NEWSLETTER #01

Dear Racers,

«Raid in France will be back !

After our 2020 race cancelled, we are going to reschedule our 2021 race to the end of June 2021. This rescheduling is due to the World Championship date, in October, in Spain.

A lot of races are planned for 2021, and we did our best to interact with as less races as possible. However it's been hard to find a date.

The Mont Blanc... highest peak in Europe will be the highlight of the race. Northern Alps, a first for Raid in France : mythic mountains such as Mont Blanc, Vanoise, Beaufortain, Bauges... spectacular departments with Savoie, Haute Savoie... ideal paradise for outdoor sports.

This 2021 edition will be discovering those wild, authentic and unspoilt territories. They gather all the best interest of the race : high mountains, rivers, lacs, canyons, caves, cultural and human treasures.

« Winter is coming... » and with many long legs above 2500 - 3000m altitude, we need to get in the mountains before the snow.

As usual, we doing our best to make your discoveries and adventure as nice, enjoyable and memorable as possible, and we already looking forward to sharing the nature we discovered with all of you.»

Contact :

Béatrice Lambert

concurrent@

raidinfrance.fr



AIX LES BAINS
RIVIERA
DES ALPES

REGISTRATIONS OPENING :
OCTOBRE 1ST, 2020
WWW.RAIDINFRANCE.COM

Keys figures

- The maximum number of teams is set at 50.
Among them, 45 are on a « first-come-first-served » basis. The last 5 spots will be allocated by the organisation if needed (see registration conditions on the website).
- The 2021 edition is in the form of roaming, with a different start and finish area:
the start will take place in Bourg-Saint-Maurice - Les Arcs, in Haute Tarentaise;
the finish line will be held in Aix-les-Bains Riviera des Alpes.
- Long progressions across an authentic and untouched territory.
Exploring nature as the first goal of the race.
A special focus of the organisation put on racers (plasticized maps, equipment loan, GPS tracking, opening and closing ceremonies...)
Special attention paid to respect the environment.
- Demanding activities, technical and in total autonomy, with real choice regarding the itinerary.
- The commitment to allow every motivated and prepared team the certainty to finish the race.
- A motivated and devoted team of volunteers.

Programme

From Wednesday 23rd of June 2021 to Friday 2nd of July 2021

- From Wednesday 23rd of June 2021 (2pm) to Friday 25th of June 2021 (1pm)

Teams welcoming / Equipment checking and skills testing

- Friday 25th of June (pm)

Teams briefing and opening ceremony (mandatory for all racers)

- Saturday 26th of June

Departure of the prolog and the ARWS start

- Wednesday 30th of June

First team's arrival

- Friday 2nd of July

End of the race for everyone, race close (2pm)

Closing ceremony, meals and animations offered to all racers, helpers and partners

IMPORTANT

Racers must be on site at least on the morning of the 25th of June 2021 for checkups. The entire team must show up for the team briefing and the bib distribution (opening ceremony). Teams will have until Saturday 26th at the beginning of the afternoon for prepare their own equipment.



Registrations

Registrations will open on the 1st of October 2020

The enrolment sheet is available on our website www.raidinfrance.com / RIF 2021 / registration. You will then need to send it to concurrent@raidinfrance.fr, even if it's not fully complete.

- **Teams registered between October 1st and October 7th, 2020**

benefit of a € 200 discount on the total registration price, i.e. € 2,500 - € 200 = € 2,300.

To validate their registration, they must pay a pre-registration fee of 200 € before October 7th.

Regarding the health crisis, the balance will be due between April 1st and April 15th, 2021.

- **For teams registered between October 8th and December 31st 2020**, the total registration price is € 2,500, with an immediate pre-registration fee of € 200.

Whenever the registration occurs, the balance will be due between April 1st and April 15th, 2021.

- **From January 1st, 2021**, the total registration is € 2,700, with an immediate pre-registration fee of € 200.

Whenever the registration occurs, the balance will be due between April 1st and April 15th, 2021.

For general terms and conditions, please refer to our website www.raidinfrance.com / RIF 2021 / Registration.



ARWS France 2021 Race information

Route

Raid in France 2021 will be based on a 96 to 144 hours of racing - including mandatory stops - and 400 km ish, for the team making full course. As usual, finishing Raid in France is a real challenge, and all the teams crossing the finish line will have achieved a real accomplishment, no matter what their ranking is or the distance they have covered.

They will enjoy with pleasure the pride of going through this unforgettable experience as a team.

This year, high mountain sections are back, snow and ever ice.

We will be in mountains and participants have to face tough weather: a real adventure!

Activities

Technical skills certificates and medical certificate are available on our website. It is mandatory to use this medical certificate (which complies the French regulations).

No other medical certificate will be approved, and the organisation doctors won't be able to provide you any medical certificate.

International teams must deliver a repatriation insurance certificate.

Credit card insurances are not accepted.

For all teams - French and international - we recommend having a civil liability insurance for all the activities and a personal accident insurance.

High mountain: In the 2021 race, high mountain legs are back!

We will be in the Mont Blanc massif. You will have to walk, to climb up and down on neves as well as glaciers.

To progress, you will need high mountain equipment and especially shoes and crampons. Walk and progress with this equipment requires practice and specific training in order to be more familiar with the technique and to ensure your own safety.



Trekking: As our previous races, you will find many different types of routes. You will find standard hiking trails (GR), off trail passages «right in the steep», screens, waterways... some sections will constitute a real challenge for some participants (it's important to manage your time and progression). A steady value: outstanding landscape and discovery.

White water: It will be an important part of the race this year. Some very beautiful rivers are in this 2021 edition.

Some rivers will be level III or IV depending on the level of the water during the race.

Night navigation will be allowed for some sections.

This year, a skill certificate will be asked and mandatory. You will have it online soon. White water will be made of packraft and kayaking.

Ropes and canyoneering: As usual, there will be canyoneering in Raid in France 2021. This activity requires a very good understanding of rope techniques. A proper training is highly recommended.

Caving: You should find some caving this year. We will give you more details in an upcoming newsletter. Required skills will also be gathered in the 2021 ropes and caving skills certificate.

For your information, this activity is always « off time » (time is blocked). The main purpose is to show you the underground resources in an enjoyable way.

Mountain biking: As usual on Raid in France, you will find many different every kind of routes. Track, paths, single, sections where there is « nothing », very steep descents (sometimes very technical...) also some nice climbs. Electric assistance not allowed of course!

Orienteering: Maps given during the race are on a scale of 1/50 000th. However, you will get some on a scale of 1/25 000th on important orientation sections. The 2021 navigating Certificate is required for all teams.

Two sets of plastic maps and one road book will be given to the teams. The mandatory points are already on the maps.

All the checkpoints must be checked, strong penalties if you do not find them (see the rules) and the checkpoints are mandatory.

Of course, the GPS are not allowed as well as any other kinds of electronic assistance, for example watch.



Race logistics

Mountain biking: Your mountain bikes carried in rigid boxes, of compulsory size 140x80x30cm (ARWS standards). You must provide these boxes.

Boxes must be waterproof (cardboard boxes are forbidden).

Mountain bike boxes can be stored outside in case of rain, therefore, they must be water resistant. The weight of the box will be limited (to about 30 kilos), so, the weight of the empty box is important. You will be able to put whatever you want in the box. The lighter your case is, the more equipment you will be able to put inside.

We are looking to organise a sale of light and waterproof boxes - matching the ARWS requirements.

We will give you further information about that as soon as possible.

White water: White water equipment will be carried in 2 waterproof bags, which you must provide. Trash bags or anything similar are not tolerated. The weight is regulated (30 kilos ish, to be confirmed) and you will be able to put in those bags anything you want.

The rest of your equipment will be carried in boxes provided by the organisation in order to limit costs for the teams. The weight of each box will be limited, you will be able to put inside what you want.

Assistance and rest time

Raid in France is a race without any assistance.

The organisation organises the transfer of the team's boxes. We always control the boxes' weight.

This year, you won't have any « stop » areas or mandatory sleeping areas. Same rule as usual since 2016 : a defined number of resting hours (not defined yet) that can be taken on any CP or TA chosen by the team.

Transport

The organisation will organise shuttles between Lyon Saint Exupéry airport and start and finish areas. A pack including shuttles to and from the airport and accommodation will be made for the foreign teams (only).



Mandatory equipment

Some of your equipment, mostly clothes, will be marked during the pre-race checks. During the race, any item of your equipment not marked then will be considered as non-compliant, and will lead, as a minimum, to a penalty.

You will need waterproof bags for your equipment, as well as for your backpacks during the kayaking legs. You must find and bring with you, a way to attach your backpacks inside the boat. Waterproof containers won't be allowed.

High mountain: The exact mountain shoes characteristics allowed in the 2021 edition for the high mountain trekking (ice and snow) long sections will be given as soon as we can. The shoes will have to be able to receive a pair of mountain crampons.

Kayak: Lifejackets must be adapted to your weight, as established by French regulations.

Table of correspondences

Weight (kg)	30-40	40-50	50-60	60-70	70-80	>80
Chest size (cm)	60-78	78-85	85-100	100-120	120-130	>130
Buoyancy	40	55	55	70	70	70

Paddles and life jackets can be provided by the organisation. You must, ask for them. To do so, use the booking form online.

Using your own paddles and/or life jacket is allowed.

If you have any question regarding the race or the equipment, do not hesitate to get in touch with Beatrice : concurrent@raidinfrance.fr

1.



2.



3.

1. Le lac du Bourget

Largest natural lake in France, sublime in all seasons, it is the treasure of the Aix-les-Bains Riviera des Alpes destination. The surrounding mountains fall steeply into its turquoise-colored waters.

2. Le Mont Blanc

The highest point of the Alps, the highest peak in Western Europe with an altitude of 4,809 meters.

3. La vallée de la Tarantaise

A deep glacial valley, bordered to the north by the Beaufortain and Mont-Blanc massifs, and to the south by the Vanoise and Lauzière.

**ENJOY YOUR TRAINING...
WE ARE REALLY LOOKING FORWARD TO
SEEING YOU ALL**

**MORE INFORMATION
WWW.RAIDINFRANCE.COM
WWW.ARWORLDSERIES.COM**