



# Adventure Racing World Series France

June 23 to July 2, 2021

MONT-BLANC + SAVOIE

HELLO RACERS + NEWSLETTER #02

## Dear racers,

« From the entire Raid in France family, we wish you all the best for 2021. Dreaming of a year "back to normal" allowing some freedom, happiness, and playfulness.

Route recognition have been shut off by winter, as  $\frac{3}{4}$  of the track is covered by snow at the moment. However, no panic, the route is already finalised, we still have few little checks to make! We are hoping to do that recognition as soon as possible... if our administration allows adventurous excursions in the upcoming months!

As soon as our maps have been validated and approved, we will come back to you with the activity's distribution and lengths for Raid in France 2021.

This newsletter is providing you with additional information regarding the equipment, to help you choose the most suitable items.

Raid in France 2021's highlights will be the mountains, but also white water, with  $\frac{1}{4}$  of the 400 km being on the water! ».

## Pascal Bahuaud

### Contact :

Béatrice Lambert

concurrent@

raidinfrance.fr



AIX LES BAINS  
RIVIERA  
DES ALPES



ERTIPS

leth'iguel

EMILE MAURIN

AT 7  
COURTESY  
CHARENTAIS



## **Organisation**

The maximum number of teams was set at 50, however, due to a lot of demands and interest, we extended to 70 teams. In terms of organisation and logistics, we can't support much more than that.

For the moment, only international teams, with no team from their country already registered, will be accepted for registration - or if a team from their country pulls back. A meeting will be held after the deadline for definitive enrolment fees, on the 15<sup>th</sup> of April.

We want to thank all of you for your support and trust.

It's a real motivation enabler for when we get discourage and tired of administrative procedures.

Regarding your accommodation facilities at the start and finish areas, the information is uploaded on the website as we get them.

## **Transportation**

We are thinking of organising a shuttle to Bourg Saint Maurice (start line) for you to get back to your vehicles. We will be in touch soon to see how many teams could be interested. The cost of this service will depend on the number of teams interested. Teams will have to pay as they registered. It will not be refundable.

The organisation will also provide shuttles from and to the airport (Lyon-Saint Exupéry) before and after the race. A pack including shuttles B/F from the airport and accommodation will be offered to international teams (only). Teams will have to pay as they registered. It will not be refundable.

### **IMPORTANT**

Racers must be on site at least on the morning of the 25<sup>th</sup> of June 2021 for checkups. The entire team must show up for the team briefing and the bib distribution (opening ceremony). Teams will have until Saturday 26<sup>th</sup> at the beginning of the afternoon for prepare their own equipment.



## **Logistic Information**

### **MTB**

We still are negotiating to offer you a deal to buy bike boxes. A setback forced us on switching suppliers. We hope to be able to come back to you on this within 15 days.

### **White Water**

On Raid in France 2018, the white-water equipment was carried around in bags made by ARWS organisation. We are still discussing to try and provide some for you. As the bike boxes, those bags will be for sale at cost price.

### **Packraft**

An agreement has been made with JAWS (and our partner FRONTIER), to provide good deals on the boats you could use for the race. You can also get in touch with JAWS for all the equipment (paddle, helmets, jacket).

Contact : [wilfrid@jaws-company.com](mailto:wilfrid@jaws-company.com)

Regarding the boat characteristics, we recommend double boats of 3.2 to 3.5 m, with two float tanks self-emptying.

All the other equipment will be carried in crates given by the organisation for the race.

Those crates are the same as in 2018, and the characteristics are in the mandatory equipment list.

## **Activities**

Reminder: you must use the medical certificate at your disposal (French regulations compliant). It is MANDATORY. No other medical certificate will be tolerated, and the race doctors won't be delivering any.

Foreign teams will have to subscribe to a repatriation insurance and hand over the certificate. Insurances include in credit card are not tolerated.

For each team, French and foreign, a civil liability insurance for all the activities within the race, as much as an individual accident insurance is highly recommended.,,



## Support and rest time

Same old: 10 mandatory hours of resting, taken only on CP and TA, on the team's personal schedule (taken by slots of 30 mn minimum). This resting time can only be taken exiting the CP or TA (reminder: your equipment must already be handed back to the organisation and can't be touched anymore).

## Mandatory equipment

Some of your mandatory equipment, mostly clothing and security gear, will be mark during the equipment check-ups (you can mark several equipment of the same type). During the race, any equipment without the mark will be considered as obsolete. This will lead to a penalty at least, and if cheating is proven, to an immediate disqualification.

The mandatory equipment list is common for each ARWS race. Some extra equipment can be required due to the activities and environment; however, it's everyone's responsibility to think about the terrain and environment of the race and to adjust and surround themselves with the most suitable gear.

3000 m above sea in Ecuador is not the same as 3000 m above sea in the Alps, especially at night.

Below, you can find further information to help your choices of equipment.

**Helmets:** some teams are going for multi activities helmets.

This year, helmets must be certified for the following activities: MTB, white water, mountaineering, caving. Watch out! Some helmets that use to be certified are not anymore, such as Météor IV (but Météor III still is).

As we know, the following helmets are approved: Météor III, Caso Gams, Bios Instinct, Kong Scarab... You can maybe find other certified helmets, but its recommended to check with the organisation before the race.

If you have not got a certified helmet for all the activities, then you must have a helmet for each activity (that is to say, 3 different ones).

**Bib:** it will be given by the organisation, and must stay as it is (no added material : stickers, ...). It is for you to keep at the end of the race.



**Protection jacket:** 2 layers means that a membrane lining is glued to the outside material. Jackets with coating only will not be tolerated.

Moreover, bear in mind that you can find some ultra-light jackets with 2 layers, however, those type of jackets are not appropriate to bad conditions and challenging weather in high mountain sections.

Teams must be totally self-sufficient in case of poor weather and must be able to cover themselves while waiting for the storm to pass. You might also stay hours with no physical shelters.

**Protection trousers and various pieces of clothing equipment:** same observation.

Important: if the organisation judges the piece of clothing not appropriate for the environment, and thus even if it matches the race regulations, it is the organisation right to decline the gear for security means.

**MTB:** even though it is not mandatory, a repairing kit is a must have. You will be covering long distances. It can also be clever to bring extra brake pads.

**White water:** information regarding floatable individual equipment (water jackets).

You will be navigating on classes 3 and 4 rivers with packrafts. Currently, the standard for floatable individual equipment (water jacket) in a floating boat on rivers from class 3 is the standard EN ISO 12402 - 4, corresponding to the buoyancy of 100 N.

However, we have worked with the triathlon national French Federation (FFTri) and the canoe-kayak Federation (FFCK) in order to use jackets standard EN ISO 12402 - 5, during all the events host by the FFTri or FFCK. We will come back to you as soon as we get the official approval.

Racers, if you are willing to buy water jackets, please wait for further information.

Important: this year, the organisation will not be providing paddles, helmets nor jackets.



## Mountain

Mountaineering shoes: this year dedicated mountain shoes are mandatory regarding the environment you are going to pass through. There is no list of standard pair of shoes you must get but yet there is one requirement: shoes must be compatible to pair with semi-automatic crampons, that is to say, to have a rigid sole and an edge at the back.

Crampons: we will be approving 10 point crampons with 2 points at the front and not only 12 point ones. The crampons can be semi-automatic or with straps, in steel or aluminium.

If you have any question regarding the race or the equipment, do not hesitate to get in touch.

You still have 5 months to get prepared and used to your equipment, do not leave it last minute ...

**ENJOY YOUR TRAINING...  
WE ARE REALLY LOOKING FORWARD TO  
SEEING YOU ALL**

**MORE INFORMATION  
WWW.RAIDINFRANCE.COM  
WWW.ARWORLDSERIES.COM**