



## Swimming Certificate

I, the undersigned,....., Lifeguard  
*Je soussigné, , Maître nageur*

Certify that Miss, Ms, M.....  
*certifie que Melle, Mme, M.,*

is able to swim a distance of 100m without help, without stopping and including complete immersion of a minimum of 5 seconds.

*est capable de nager la distance de 100m minimum sans aide extérieure, sans arrêt et incluant une immersion complète de 5 secondes minimum.*

Certificate passed at:

date:

Signature and stamp

Diploma number: