



Adventure Racing World Series France

22 June to 1 July 2022

MONT-BLANC + SAVOIE

HELLO RACERS + NEWSLETTER APRIL 22

Dear racers,

« In two months, Raid in France is coming back! After cancelling two editions, one in 2020 and one in 2021, the 11th edition of Raid in France will finally take place in 2022 (June 22nd to July 1st), three little months before the adventure racing world Championships in Paraguay.

We can't wait to see you again and are looking forward to this new adventure full of wilderness and challenges. Once again, every racer can come with the aim of finding his own pace and creating his own adventure, knowing he will cross the finish line on July 1st, at the latest, in Aix-les-Bains, wonderful thermal city hosting our finish line.

Raid in France, as usual, will offer a very diverse track, requiring versatility, thoughts, going beyond teams' own limits, but mostly the willingness of bringing each team to the finish line by creating cuts and arrangements offering to each the opportunity of spending a week of adventure, in outstanding territories, as a team and close to a bunch of dedicated volunteers. »

Pascal Bahuaud



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General organisation

Le You can find the program on our website:
www.raidinfrance.com/en/program/

It is mandatory to be onsite at the latest on the morning of Friday 24th of June 2022 for the technical checking. The entire team must show up for the team briefing and the bib distribution. Teams will have until Saturday 25th, early afternoon to prepare their race equipment.

Accommodations: Regarding your accommodation facilities at the start and finish areas, the information is regularly uploaded on our website as we get them.

Transportation: We are thinking of organising a shuttle to Bourg Saint Maurice (start line) from the finish line for you to get back to your vehicles and possessions. We will be in touch soon to see how many teams could be interested. The cost of this service will depend on the number of teams interested. Teams will have to pay as they registered. It will not be refundable.

The organisation will also provide shuttles from and to the airport (Lyon-Saint Exupéry) before and after the race. A pack including shuttles B/F and accommodation will be offered to international teams (only). Teams will have to pay as they registered. It will not be refundable.

Reminder: **It is mandatory to use the medical certificate provided by the organisation (French regulations compliant). Any other certificate won't be tolerated, and the or-ganisation's medical staff won't provide any either.**

The foreign teams must also hand in a repatriation insurance certificate. Credit card linked insurances aren't tolerated.

For every team, French and foreign, we advise you to get a civil liability insurance certificate for all the activities and an individual accident insurance.



Registrations

Registrations will be closed on May 15th, 2022, at 12:00 (French Time).

Teams pre-enrolled from 2021, have until May, 1st to pay their enrolment fees with 2021 enrolments conditions. After this date, the enrolment conditions will be the 2022's ones.

The maximum number of teams is set to 65 teams, based on the first come first served basis. The last two sports are, if needed, reserved for the organisation (please refer to registration conditions on our website).

The registration form is available on our website

www.raidinfrance.com/en/registration. It must be sent back concurrent@raidinfrance.fr (does not need to be fully filled).

Race logistic

MTB

We are offering you a Bike Box deal for 165€. Those boxes are ARWS and aeroplanes compliant. The boxes will be delivered at the start in Bourg Saint Maurice or can be picked up in Lyon if required. They are made of 5 mm PPEA with an opening at the top and 3 buckle straps.

White-water

As it is more and more often on ARWS, the white-water equipment is moved in a specific bag, capable of containing all the White-water equipment. In 2022? This type of bag is mandatory on Raid in France. We are offering a deal to buy those "O" bags for 100€. The bags will be delivered on the start area during checkings or can be handed in before, if requested, in Lyon. The precise measures will be written on the mandatory equipment list with a photo.

Packraft

Regarding the boat characteristics, we recommend double boats of 3.2 to 3.5 m, with two float tanks self-emptying.

High mountain

We are willing to offer you the opportunity of renting the dedicated mountaineering equipment; not often requested or needed on adventure races. To do so we are currently negotiating with some partners. We will get back to you as soon as possible with further information.

The other stack of equipment will be moved in two boxes, provided by the organisation.

Their characteristics are on the mandatory equipment list.



Resting hours and assistance

As usual the rules are the same: 8h of mandatory rest, necessarily taken on a CP or TA, whenever decided by the team (taken by blocks of 1/2h minimum). This rest must, however, be taken when leaving the CP or TA (reminder: the equipment must have been handed in to the organisation and can't be accessed during the resting period).

Mandatory equipment

Some of the mandatory equipment, mainly security gears and clothing, will be marked during the checkings before the race (you can have several pieces of the same equipment marked). During the race, any equipment without this mark will be considered as not compliant. This will lead to a penalty, and if some cheating is witnessed, the team will be disqualified.

The mandatory equipment list is standard ARWS. Due to the racing environment, some additional equipment can be requested by the organisation, however it is each team's responsibility to check the environment and adapt its equipment to it. Three thousand m above sea level in Ecuador isn't 3000m above sea level in the French Alps, especially at night. Below, please find some additional info to help you prepare.

Helmets: Some teams are using multisport helmets. This year, helmets must be compliant for MTB, white-water, mountaineering, caving. Be careful, some helmets that used to be compliant, aren't any more (e.g., Meteor IV isn't but Météor III is). That we know of, this is a list of compliant helmets: Météor III (and only the III), Caso Gams, Bios Instinct, Kong Scarab... Some other helmets may be OK; however, we advise you to check with the organisation before buying.

If you don't have a multisport approved helmet, you will need to have one helmet for each activity (that is to say, 3 different helmets).

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Bib: provided by the organisation, it must stay free of any addition (stickers, ...). It is yours to keep after the race.



Track

Raid in France 2022 : 13 sections (4 MTB - 5 packraft - 2 trek - 1 caving/canyon - 1 kayak)

As usual, the organising team has worked on providing a track they would like to race on and discover... Each type of progression will be covered in the 11th edition of Raid in France, gravitating around the majestic Mont Blanc and its surroundings: woods, rocks, canyons, water, snow, ice, pastures, wild mountain areas but also charming and typical Savoie's hamlets and villages.

It's pure bliss of being able to open this Savoie Mont-Blanc area to the race and its racers.

MTB: mainly in the mountains with some sections of pushing, walking, or carrying, depending on your route choices... One section where you will also have your packrafts to get across the mountain.

Trek : Long sections of walking to get the best of those outstanding landscapes and discover this mountainous environment, probably still covered with snow for the most part.

High mountains: peu de course vous emmèneront là vous vous irez cette année. CettFew races will give you the opportunity to go where Raid in France is taking you this year. The aim is for you to enjoy this moment. The technical complexity shouldn't be challenging nor blocking, in order to enjoy.

White warers: Savoie and Haute-Savoie both harbour incredible, world-wide known, rivers. You will be discovering some, along as some more intimate stretches. Please do not underestimate the necessity of practice for this kind of section. Some section will be a mixed with trek.

Ropes activities (caving, canyoning, via ferrata...): some recreative sections that should allow you to rest physically. To do so, specific training is welcomed.



If you have any question regarding the race or the equipment, do not hesitate to get in touch.

On the website, a booking form for equipment and transport is available. It is to be returned to the address: reservation@raidin-france.fr

You still have 2 months to get ready and try your equipment. Do not leave it to the last minute.

**ENJOY YOUR TRAINING
LOOKING FORWARD TO THE GREAT
ADVENTURE...**

**MORE INFO
WWW.RAIDINFRANCE.COM
WWW.ARWORLDSERIES.COM**