

ARWS 2024 - Raid in France - Nouvelle Aquitaine

SPECIFICATIONS AND ESTIMATED TIMETABLE

Obligatory rest time : 8h00 (not included in the estimate time)

Time : french norme on 24h (ex: 5h00 = 5:00am and 13h30 = 1:30pm)

| Section | Activité | CP | Km | Elevation + | Elevation - | Mini time | Maxi time | Maximum Time (CUT) and transfert CP | Transfert means |
|--------------|-------------------------|--------|------------|--------------|--------------|--------------|---------------|--|-----------------|
| | PROLOGUE | | 3 | 40 | 65 | 0h30 | 0h50 | | |
| A | PACKRAFT/TREK1 | AT1 | 17 | 125 | 195 | 3h20 | 4h40 | | |
| B | VTT1 | AT2 | 41 | 1070 | 805 | 3h55 | 6h35 | | |
| C | TREK1 | AT3 | 13 | 610 | 510 | 3h | 5h45 | | |
| D | PACKRAFT/TREK2 | AT4 | 14 | 770 | 770 | 3h | 4h30 | | |
| E | VTT2 | AT5 | 89 | 1650 | 1460 | 8h20 | 12h05 | | |
| F | PACKRAFT/TREK3 | AT6 | 25 | 30 | 310 | 5h30 | 7h45 | | |
| G | TREK2 + CORDES | AT7 | 11 | 340 | 480 | 3h | 4h50 | | |
| H | PACKRAFT/TREK4 + CANYON | AT8 | 64 | 1050 | 870 | 15h40 | 23h | <p>CUT-B – AT8: From Wednesday, July 3rd at 10:00 AM: teams go directly by bike to AT10 via "La Bessade," "Vieilzot," "La Plaze," "Feyt," "Servières le Château," "Le Coudert," "Le Sirieix," "Combe Lescure," "Charlannes," "Doustret," "Croisy," "L'Hopital," "Esbourbaniers," "Laygues," "Saulières," and "Pont de Vaur." Mandatory route. Minimum time for this section is 6 hours. Departure from AT10 no earlier than 4:00 PM on Wednesday, July 3rd.</p> <p>CUT-A – AT8: From Wednesday, July 3rd at 5:00 PM: teams go directly by bike to AT12 via "Laboulloire," "La Chapeloune," "Saint Merd de Lapeau," "Marcillac la Croisille," and "Le Moulin de Chabanier." Mandatory route. Minimum time for this section is 6 hours. Departure from AT12 no earlier than 11:00 PM on Wednesday, July 3rd.</p> | MTB |
| I | VTT3 | AT9 | 31 | 510 | 560 | 2h40 | 4h05 | | |
| J | PACKRAFT/TREK5 | AT10 | 35 | 700 | 1170 | 7h20 | 11h | | |
| K | TREK3 | AT11 | 41 | 1420 | 1260 | 10h40 | 16h40 | | |
| L | PACKRAFT1 | AT12 | 7 | 0 | 0 | 1h10 | 1h45 | | |
| M | VTT4 | FINISH | 75 | 2000 | 1860 | 9h25 | 15h45 | <p>CUT-C – CP9: Starting from Friday, July 5th at 2:00 AM, teams will go directly by bike to CP10 via "Franchesse," "Lanour," "La Vialle", and "Puy du Roc Bas". This is a mandatory route. The minimum time to complete this section is 3 hours. Departure from CP10 is at 5:00 AM on Friday, July 5th at the earliest.</p> | MTB |
| TOTAL | | | 466 | 10315 | 10315 | 77h30 | 119h15 | <i>Time spent in CP and / or AT is not included</i> | |