

29 JUNE > 5 JULY 2024 - ARWS FRENCH LEG
NEWSLETTER RACERS #3 - JUNE 24

Dear Raiders,

« Only a few days left before we meet in Bugeat for Raid in France 2024 Expedition Nouvelle-Aquitaine.

We are really looking forward to seeing you again.

In this final newsletter, a few details, as well as the equipment rotation (which should help you organize the distribution of your equipment in advance) and the estimated times by the organization, to be more relaxed on-site.

All these documents will be handed to you on-site during the briefing, please avoid printing them if possible.

See you soon for this new adventure and have a great week..»

Pascal and tam

WWW.RAIDINFRANCE.COM



Contact :

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Rif Nouvelle-Aquitaine 2024 : 29 june - 5 july

- Teams: **28 from 10 countries**
- Start and finish line: *Bugeat in Corrèze Department*
- A loop of **460 km** with 10,300 m of elevation gain

Program

> Thursday, June 27 to Friday, June 28

Espace 1000 sources – Centre sportif Alain Mimoun : 11 rue de la Ganette, Bugeat

Teams welcoming

Equipment checkings and skill testing

> Friday, June 28 pm

Foyer rural, 27 place du Champ de Foire, Bugeat

5:00 pm: Team's briefing

6:00 pm: Opening ceremony, mandatory presence of all teams and all racers

> Saturday, June 29

Bugeat

8:00 am: Prologue and race start

> Wednesday, July 3

Espace 1000 sources – Centre sportif Alain Mimoun : 11 rue de la Ganette, Bugeat

Winning team arrival

> Friday, July 5

Espace 1000 sources – Centre sportif Alain Mimoun : 11 rue de la Ganette, Bugeat

Last team's arrival

27 place du Champ de Foire, Bugeat

6:30 pm: Closing ceremony, prize giving



The 2024 course

Currently, it keeps raining in Corrèze and the surrounding departments. With the rivers carrying a lot of water, final reconnaissance missions will be conducted almost in race configuration at the last moment to ensure the water levels of the proposed courses.

Although no dark zones are currently planned, but depending on the atmospheric conditions during the race, some may be implemented as current weather forecasts predict rather wet and cold conditions.

The terrain you will encounter on your mountain bike (to answer Stéphanie Block :-)) will be of all possible types... even more so depending on the expected weather conditions.

General organisation

Accommodation

If teams encounter difficulties with accommodation, please contact the organisation directly by email: concurrent@raidinfrance.fr

Welcoming and verification

The reception and verification times for teams are: Thursday, June 27th from 2 PM to 7 PM, and Friday, June 28th from 8 AM to 4:30 PM.

Team captains must inform us by email at concurrent@raidinfrance.fr of the approximate day and time of their arrival for administrative and equipment checks. The entire team does not need to be present for this, but the attending members must bring all the required documents for the team as well as all the equipment of the four racers for a joint verification.

For teams that have not yet done so, please provide us as soon as possible with the FFTri competition licenses or equivalent for foreign teams, if you have them. The competition license serves as a medical certificate.

A deposit of €300 will be requested at reception for the equipment made available to you. This can be paid by credit card (except American Express) or check.



Closing ceremony

About forty places are available for team guests (limited number of spots) at a price of €20 for adults and €15 for children.

Race logistics

Mountain bike - Bike boxes, even if covered with plastic, are not accepted. We offer compliant boxes for sale that meet ARWS regulations and airline standards at a price of €165.

These boxes will be delivered at the start during the checks or can be picked up in Lyon upon request. They are made of 5mm PPEA with a top opening and secured by 3 buckle straps.

The weight of the different boxes and the bag can be found in the equipment rotation sheet.
Inspections will be carried out during the race.

Mandatory equipment

White water - We allow drysuits as well as full neoprene sets (pants + long-sleeved jacket).

Don't forget that it might be cold, especially at night. All navigation will be done in packrafts; there is no kayak section.

Garmin watches - Garmin watches are accepted as altimeters only if they have the Adventure Race mode. In this case, teams must notify us at reception, and the verification procedure will be explained to them. Make sure to bring the charging cable to be able to restart the watch in case of a complete discharge upon arrival, in order to check the watch's status.

If the watch is changed or restarted in normal mode during the race, the penalty will be either a time penalty or disqualification.



Partnership Go'Lum

Our new partner, Go'Lum, has a special offer for your participation in Raid in France! To help you conquer your most extreme adventures, Go'Lum is here for you. With ultra-high-performance headlamps designed just for this purpose*. Ideal for the challenges of Raid in France!

To celebrate our partnership, Go'Lum is offering you a bike helmet mount + a second battery with the purchase of any of their models before August 1, 2024*²

Promo code*: GORIF2024

Redeem here: www.go-lum.fr

*Especially with the Piom+3 model which offers unmatched battery life: more than 3 nights in smart autonomy-priority mode. This mode, co-designed with ultra-trail runner Luca Papi, enabled him to last 37 hours during his traverse of the 7 Canary Islands!

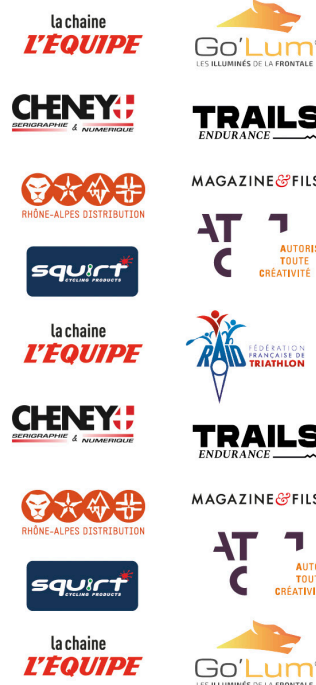
*²To validate this promo code, remember to add the helmet mount and the extra battery to your cart.

HAPPY TRAINING...

MORE INFORMATION

WWW.RAIDINFRANCE.COM

WWW.ARWORLD SERIES.COM



EXPEDITION 2024 NOUVELLE AQUITAINE



THANK-YOU TO ALL OUR PARTNERS